

Cambridge Mental Wealth  
presents:

# Mental Health Week

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## What's On?

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**16<sup>th</sup>**

1pm: Med event. "**Recognising and Reacting to Mental Health Issues**" Clinical School.

8:30pm: **Launch:** Live Music at Robinson Bar.  
Come and get **£2 Entry to Life.**

11pm: **Life: Fuzzy Logic.**

**17<sup>th</sup>**

1pm: Felicia Huppert (Psychology, Cambridge)  
"**Does well-being have a role to play in public policy?**" Venue TBC [www.csap.cam.ac.uk](http://www.csap.cam.ac.uk)

5pm: Roland Littlewood (Social Anthropology, UCL)  
"**International Aspects of the Stigmatisation of Mental Illness.**" PPS Seminar Room. With CUSAS.

5pm: Elizabeth Ormerod (SCAS). SCR, Vet school.  
"**Companion Animals and Quality of Life.**"

**18<sup>th</sup>**

8pm: **Improvised Comedy Ents**, in aid of  
Cambridge Mental Wealth. Downing College (TBC)

**19<sup>th</sup>**

**College Events:** See what's on in your  
college.

**20<sup>th</sup>**

1pm: Juliet Foster (Psychology, Cambridge)  
"**Chaos and Control: advertising psychiatric  
and non-psychiatric medication**"  
PPS Seminar Room.

**21<sup>st</sup>**

7:30pm: Panel Discussion: "**Is it always  
helpful to diagnose mental health?**" Venue TBC  
Mark Phippen (University Counselling Service)  
Geoff Shepherd (Centre for Mental Wealth)  
Juliet Foster (Psychology Dept., Cambridge).

**22<sup>nd</sup>**

11am-5pm: **The Big Chill:** Free massages, yoga  
classes, zumba classes, food and music.  
Chetwynd room, King's College.

7pm: "Self-harm" lecture. NHS. Venue TBC.

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**16<sup>th</sup> - 22<sup>nd</sup> February**

**More info: [www.facebook.com/CUmentalwealth](http://www.facebook.com/CUmentalwealth)**